



Informal Sector Service Centre (INSEC)

Call for Respect for Human Rights, Peaceful Participation, and Fearless Voting

The election of the House of Representatives is scheduled to be held tomorrow, March 5, 2026. This election is taking place under special circumstances following the demonstrations carried out by the new generation on September 8 and 9. The youth protests strongly raised issues of dissatisfaction toward the state, demands for accountability and good governance, civil liberties, and political responsibility. This election presents an important opportunity to restore public trust in the democratic process, strengthen political legitimacy, and further reinforce commitment to human rights in practice.

From a human rights perspective, an election is not merely a process of selecting representatives; it is the exercise of citizens' sovereign rights, freedom of expression, the free use of thought and political belief, and a constitutional means of citizens' control over state power. The right to vote in an environment free from fear, intimidation, inducement, misuse, or violence is a fundamental right of every voter. Free, fair, and credible elections are the foundation of democratic governance and the protection of human rights.

INSEC has been monitoring election-related activities from the silent period through voting and vote counting from a human rights perspective. More than 230 INSEC observers are deployed to observe this election. INSEC has also brought into operation a toll-free number, 18105000433, to record incidents of human rights violations and abuses. Information regarding violations of the election code of conduct and human rights violations can be provided through this number.

Civic participation strengthens democracy. Voting is not merely a political duty; it is an exercise of human rights. Active participation of all is expected in the collective effort to make tomorrow's election peaceful, fair, and credible, thereby strengthening democratic values. We urge all political parties, candidates, security agencies, and all stakeholders concerned with the election to maintain peaceful, restrained, and rights-respecting conduct. We also request everyone not to subject voters to any form of pressure, intimidation, or inducement, and to uphold social harmony and tolerance.

Bijay Raj Gautam
Chairperson

Oppose Impunity, Uphold Human Dignity !

For Human Rights and Social Justice

Informal Sector Service Centre (INSEC)

Nagarjung Municipality-10, (Blue House), Syuchatar, Kathmandu

P.O.Box 2726, Kathmandu, Nepal

Tel: +977-1-5218770, Fax: +977-1-5218251

Email: insec@insec.org.np

Website: www.insec.org.np/www.inseconline.org