Acknowledgement

We express our sincere thanks to Royal Norwegian Embassy, Bread for the World (BfW) for their continued support on bringing out this Year Book. Special thanks goes to all 77 District Representatives and the provincial offices of INSEC at Biratnagar, Janakpur, Kathmandu, Pokhara, Nepalgunj, Surkhet and Dhangadhi. We are also grateful to many well-wishers and friends for their feedbacks and invaluable suggestions for Nepal Human Rights Year Book 2020. The Writing Workshop deserves special thanks for the translation and editing of the book. Also, we would like to express our thanks to different Political Parties, Commissions, Ministries, Security Agencies, and Professional Organizations for their opinion on Human Rights situation in 2019.
Informal Sector Service Centre (INSEC)

Founded in 1988, INSEC is actively involved in human rights and social justice. INSEC runs its regular programs through its offices in Biratnagar, Janakpurdham, Hetauda, Pokhara, Nepalgunj, Birendranagar and Dhangadhi. For the studying and monitoring of the incidents on human rights violation, it has deployed a district representative each in all 77 districts.

Daily activities of INSEC are performed through the Executive Director and below mentioned programs.

Human Rights Documentation and Dissemination Program
This Program, involved in monitoring, study, investigation and documentation of incidents of human rights violations and abuses, publicises the report based on field study. Publications, including central and regional level quarterly situation reports, bi-monthly magazines Prachi and Informal and annual publication Nepal Human Rights Year Book are prepared by this Program. The department also runs a human rights news portal, www.inseconline.org. The Program takes initiative for immediate support to the victims, issues urgent appeals, maintains coordination with the national and international human rights institutions and stakeholders.

Human Rights Education Program
Through this program, INSEC disseminates human rights education in coordination of local human rights organisations. To create awareness in the rural areas through literacy awareness program, this department conducts human rights trainings, group mobilization, and interaction and discussion with the stakeholders. Books and training materials are also published by this Program.

The main objective of this Program is to ensure public access to human rights information through Radio Nepal. Current relevant human rights issues are disseminated through this Program on weekly basis. Different programs are conducted at local level by establishing coordination with Radio Listeners’ Club. Additionally, activities related to raising of awareness of human rights issues among the children and activities related to their personality development are conducted through the child clubs formed in different government schools in the initiation of INSEC.

Human Rights Campaign and Advocacy Program
The main responsibility of this Program is to exert pressure on the government to formulate policies, rules in compliance with international human rights and humanitarian laws and identify the rights of the marginalised communities. Review of law, human rights treaty monitoring and human rights campaign are also conducted through this Program.

Management Program
All the administrative and financial management of INSEC fall under this Program. This Program has been undertaking capacity building programs for the employees under the human resource management. This Program has the responsibility to carry out institutional planning, monitoring and evaluation. Under the activities of information management, it has a library and internet technology sections. Publications like Annual Report and INSEC Avian are prepared by this Program. For the management of information under the organization, library and information technology units are established within this program.